GROUP COACHING SCHEDULE



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Swim 7pm (Beginners)
Swim 8pm (Intermediate & Advanced)

(Whale Swimming & Diving Academy, Subang)

Tue

Bike & Run (7.30pm)

(University Malaya)

Wed

Swim 8pm

(Whale Swimming & Diving Academy, Subang)

Thur

Running 7.30pm (MPSJ Stadium, Subang)

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